

## **Worship Theme: Sabbath**

[June 2017 Newsletter Reflection](#)

[June 2013 Newsletter Reflection](#)

### **BOOKS**

*An Altar in the World: a Geography of Faith* by Barbara Brown Taylor

*Present Moment, Wonderful Moment* by Thich Nhat Hanh

*Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives* by Wayne Muller

*The Miracle of Mindfulness: A Manual on Meditation* by Thich Nhat Hanh

*Putting Family First* by William Doherty and Barbara Carlson

*The Hurried Child* by David Elkind

*Creating Balance in Your Child's Life* by Beth Saavedra

*Living Simply with Children* by Marie Sherlock

*The Sabbath* by Heschel

*Thank You for Being Late* by Thomas Friedman

*Sabbath in the Suburbs: A Family's Experiment with Holy Time* by MaryAnn McKibben-Dana

*Bowling Alone: The Collapse and Revival of American Community* by Robert Putnam

*Zen Mind, Beginner's Mind* by Shunryu Suzuki

### **MOVIES/FILM/VIDEO**

*Into Great Silence* (2005)

[Disconnected](#) (2008)

*Soul Food* (1997)

*On Golden Pond* (1981)

*The Big Chill* (1983)

### **FAMILIES**

*A Quiet Place* by Douglas Wood

*The Shabbat Puppy* by Leslie Kimmelman

*Houndsley and Catina and the Quiet Time* by James Howe

*The Lorax* by Dr. Seuss

### **WORSHIP MEDITATION**

["Between the Lines, Between the Pages"](#) by Karen Hering, June 21, 2009

### **PODCASTS**

Unity Church "sabbath" tagged sermons and services.

Unity Church-Unitarian follows a four-year cycle of monthly worship themes, with each year beginning in September and ending in June.