

*If there is to be peace in the world, there must be peace in the nations.  
If there is to be peace in the nations, there must be peace in the cities.  
If there is to be peace in the cities, there must be peace between neighbors.  
If there is to be peace between neighbors, there must be peace in the home.  
If there is to be peace in the home, there must be peace in the heart.*

— Lao Tzu



Title: Birds of Hope and Peace

*"Fly, bird of hope, and shine, light of love, and in calm let all find tranquility."* (Richard S. Kimball)

Arthur Foote Music Sunday • Unity Church-Unitarian • May 5, 2019



# Arthur Foote Music Sunday • May 5, 2019

*\*Please rise in body or in spirit.*

GATHERING MUSIC

*Adagio Molto* – Arthur Foote  
(from Piano Trio No. 1, Op. 5)

WORDS OF WELCOME

Rev. Rob Eller-Isaacs

RINGING OF THE BELL

*Starting here, what do you want to remember?*  
– William Stafford

PRELUDE

*Dona nobis pacem* – Frode Fjellheim

Women's Ensemble  
Ruth MacKenzie, soloist

All lyrics (except the words *Dona nobis pacem*) imitate yoik syllables with no linguistic meaning, as used within the Sami yoik tradition.

CALL TO WORSHIP

Marg Walker

\*OPENING HYMN

*Winds Be Still* (Richard S. Kimball) Samuel Wesley

Winds be still.

Storm clouds pass and silence come.

Peace grace this time with harmony.

Fly, bird of hope, and shine, light of love,  
and in calm let all find tranquility.

Bird fly high.

Lift our gaze toward distant view.

Help us to sense life's mystery.

Fly high and far, and lead us each to see  
how we move through the winds of eternity.

Light shine in.

Luminate our inward view.

Help us to see with clarity.

Shine bright and true so we may join our songs  
in new sounds that become full symphony.

\*RESPONSIVE READING

*Be At Peace* – Saint Isaac of Nineveh

Be at peace with your own soul; then heaven and earth will be at peace with you.

*Enter eagerly into the treasure house that is within you.*

*You will see the things that are in heaven, for there is but one single entry to them both.*

The ladder that leads to the kingdom of heaven is hidden within your soul.

Unison: *Dive into yourself, and in your soul you will discover the stairs by which to ascend.*

INTERLUDE

*Earth Song* – words and music by Frank Ticheli

Unity Singers

Sing, Be, Live, See...  
This dark stormy hour,  
The wind, it stirs.  
The scorched Earth cries out in vain:  
Oh war and power, you blind and blur.  
The torn heart cries out in pain.  
But music and singing have been my refuge,  
And music and singing shall be my light.  
A light of song, shining strong  
Alleluia!  
Through darkness, pain and strife, I'll  
Sing, Be, Live, See...  
Peace.

SILENCE



Title: Light of Song  
*"But music and singing have been my refuge  
and music and singing shall be my light."* (Frank Ticheli)

## PRAYER

## INTERLUDE

## OFFERING

Arthur Foote was minister at Unity Church from 1945-1970. Upon his death in 1999, the Arthur Foote Music Fund was created as a permanent endowment to provide an annual music Sunday in his memory. Currently the endowment supports a portion of Foote Music Sunday expenses. Your gifts to grow this endowment are gratefully accepted!

## OFFERING MUSIC

*Yonder Come Day* (Georgia Sea Islands Spirituals) — arr. Judith Cook Tucker Children's Choir  
 Yonder come day, day is a-breakin,  
 yonder come day, oh my soul.  
 Yonder come day, day is a-breakin,  
 sun is a risin', in my soul!

*Happiness Runs* (Traditional American song) — arr. Earlene Rentz Children's Choir  
 Happiness runs in a circular motion, love is like a little boat upon the sea.  
 Ev'ry one is a part of ev-rything anyway, you can be happy if you let yourself be.  
 Pa pa pa....  
 Happiness runs in the big wide ocean, happiness runs in the rain or sea.  
 Happiness runs in the rain or sunshine, happiness runs wherever I may be.

*There Is Peace* — Jim Papoulis Children's Choir / Women's Ensemble  
 Look in the eyes of the children,  
 feel the touch of their hands.  
 There is peace, there is peace.  
 In every step you're taking,  
 there is a chance for peace.  
 Inside our hearts it's growing,  
 as it is changing me.  
 If I know that it's in my mind,  
 it is easy for me to find.  
 There is peace in my heart,  
 and I know it will always be there.  
 In my mind, in my soul,  
 now I see, it comes from me.  
 Now is the time to find it,  
 now is the time for peace.  
 Finding it in each other,  
 then it will never cease.  
 If I know that it's in my mind,  
 it is easy for me to find.  
 Where is the peace? (It is standing beside you)  
 Where is the peace? (It is filling your heart with joy)

CENTERPIECE REFLECTION



Title: Center of My Being

"At the center of your being you have the answer;  
you know who you are and you know what you want." (Lao Tzu)

*Rivers of Light* – Eriks Esenvalds

Unity Choir  
Ruth MacKenzie and Carol Bauer, soloists

Text compiled by the composer after writings by Charles Francis Hall, Fridjof Nansen and various other writings on the Northern Lights; an Inuit legend retelling.

English Text: Winter night, the sky is filled with symphony of light, the sky is flooded with rivers of light. The doors of heaven have been opened tonight. From horizon to horizon misty dragons swim through the sky, green curtains billow and swirl, fast-moving, sky-filling, the tissues of gossamer. Nothing can be heard. Light shakes over the vault of heaven, its veil of glittering silver changing now to yellow, now to green, now to red. It spreads in restless change, into waving, into many-folded bands of silver. It shimmers in tongues of flame, over the very zenith it shoots a bright ray up until the whole melts away as a sigh of departing soul in the moonlight, leaving a glow in the sky like the dying embers of a great fire.



Title: Shimmering Northern Lights

"I want to see in you this shining.  
I want us to be changed,  
charged by each other's light." (Marg Walker)

READING

*Utterance* – W.S. Merwin

*Hands* – Jocelyn Hagen

Unity Singers

Cathy Crosby-Schmidt, Brian Newhouse, and Mary Baremore, soloists

"*Hands* is a vocalise, a song without words... a simple gesture, the act of uniting, coming together." – Jocelyn Hagen

REFLECTION AND READING

*Voice Lesson* – Michael Dennis Browne

*For Everyone Born* (Shirley Erena Murray) — Brian Mann/arr. Tom Trenney

Unity Choir  
Laura Sewell, cello

For everyone born, a place at the table, for everyone born, clean water and bread, a shelter, a space,  
a brave place for growing, for everyone born, a star overhead.

And God will delight when we are creators of justice and joy, compassion and peace.

A place at the table, revising the roles, deciding to share, with wisdom and grace.

Dividing the power, a system that's fair, compassion and peace.

For young and for old, a place at the table, a voice to be heard, a part in the song.

The hands of a child in hands that are wrinkled, for young and for old, the right to belong.

To live without fear and simply to be, to work, to speak out, to witness and worship,

the right to be free!

## REFLECTION



Title: Every Instrument

*"all the years a voice lesson*

*there is so much to sing*

*we need every instrument"* (Michael Dennis Browne)



*The Time Has Come* (Nelson Mandela) – Eriks Esenvalds  
Premiered November 2015; based upon text drawn from Nelson Mandela's inaugural speech.

Combined Choirs

There is no easy road to freedom.  
None of us acting alone can achieve success.  
We must therefore act together as a united people,  
for national reconciliation, for nation building, for the birth of a new world.  
The time for the healing of the wounds has come.  
The moment to bridge the chasms that divide us has come. The time to build is upon us.  
Let there be justice for all.  
Let there be peace for all.  
Let there be work, bread, water and salt for all.  
Let each know that for each the body, the mind and the soul have been freed to fulfill themselves.  
The time for the healing of the wounds has come.  
The moment to bridge the chasms that divide us has come.  
The time to build is upon us.

READING

*You Reading This, Be Ready* – William Stafford

*Make Them Hear You* (Lynn Ahrens/adapted) – Stephen Flaherty/ arr. Mark Hayes

Go out and tell our story. Let it echo far and wide.  
How justice was our battle and how justice was denied.  
And say to those who blame us for the way we chose to fight  
That sometimes there are battles that are more than black or white.  
And I could not put down my sword when justice was my right.  
Go out and tell our story to your family, everyone.  
And tell them, in our struggle we were not the only ones.  
Your sword can be a sermon or the power of the pen.  
Teach every child to raise their voice and then, my people,  
then will justice be demanded by ten million righteous friends.  
Make them hear you! When they hear you, I'll be near you again.

CLOSING WORDS

MUSICAL BENEDICTION  
Thou, noble art... I thank you.

*An Die Musik* – Franz Schubert/arr. Ruth Palmer

## ABOUT THE MUSICIANS

**Children's Choir:** Kathleen Radspinner, director; Priscilla Morton, piano

*Unity's Children's Choir is a vibrant group of first through fifth graders, reflecting the many talents of our children and the support of our parent community.*

Violet Baer-Benson, Dylan Bickelhall, Lily Borgerding, Walker Darst-Rice, Wells Darst-Rice, Leif Digre, Emily Easter, Audrey Gallagher, Maddy Grove, Ariel Hanson, Ramona Hegeman, Wesley Hendel, Maggie Hong, Lucas Kivel, Sula Krogstad, Luca LaFerla, Nina LaFerla, Carys Lloyd, Laura Lundquist, Franny Mastrud, Kate Peterson, Duncan Peterson, Anya Robertson, Sophie Satoskar, Sophie Sherman-Hoehn, Ezra St. Marie, Leo St. Marie, Helena Thomas, Sophia Thomas, Alice Verbrugge, Louisa Verbrugge, Tulla Wallace, Alastair Wood, Audrey Wood

**Unity Choir:** Ruth Palmer, director; Kathy Kraulik, piano

*Unity Choir is the foundation on which our music program is built and is a vital and energetic presence in our community. Its members share various levels of musical experience and a wide variety of activities and interests, all of which are brought together by their love of singing.*

**Soprano:** Jule Adelsheim, Diane Alshouse, Karen Buggs, Joan Carrier, Carolyn Caswell, Susan Conner, Cay Emkovik, Nancy Evert, Helen Franczyk, Laura Frykman, Patt Kelly Hall, Kirstin Jarvis, Elisabeth Jay, Rochelle Lockridge, Leslie Mills, Anna Newton, Bonnie Power, Emily Richardson, Julie Robbins, Emily Schmall, Phyllis Sherman, Becky Smith, Susan Temple, Teresa Tierney (section leader), Kristin Thomanschefsky

**Alto:** Andrea Aerts, Heidi Birkholz, Michelle Blaeser, Katherine Clayton, Pauline Eichten, Sylvia Elrod, Sally Foster, Jessica Goff, Wendy Harris, Roxy Johnson, Ruth Kirkland, Jill van Koolwijk, Ann Mabbott, Robin Moede, Priscilla Morton, Katrina Nichlols, Mary Nienaber, Angela Norberg, Jane Potish, Kathleen Radspinner, Judy Steller, Bailey Webster, Lorelee Wederstrom, KrisAnne Weiss (section leader)

**Tenor:** Tony Borgerding, Warren Davidson, Mark Foster, Hal Freshley, Peter Heege, Eric Hendrickson, Russ Heuckendorf, Beth Kleman, Felix McClung, Gary Mabbott, Tom Merritt, Tim Power, Shahzore Shah (section leader), John Sherman, Grant Walker, Harry Wernecke

**Bass:** Mike Bruns, Glenn Davis, Will Dierenfield, Mark Dietrich (section leader), Paul England, Chuck Griggs, Bryan Janssens, Don Lee, Andrew Mangan, Bob Ruud, Ben Schneider, Bill Smith, Bob Steller, Michael Votel, Tom Zell

**Unity Singers:** Ruth Palmer, director; Kathy Kraulik, piano

*Unity Singers is Unity Church's auditioned, a cappella chamber choir. Each singer's involvement is built on a passion for singing and willingness to work towards an ensemble of excellence capable of sharing varied musical genres. All singers volunteer their talents to offer the musical gift of this ensemble and are deeply involved in the life of this church community. Unity Singers was selected to sing at both the 2009 and 2019 National Convention of the American Choral Director's Association.*

**Soprano:** Mary Baremore, Julia Brown, Cathy Crosby-Schmidt, Beth McGarr, Angela Newhouse, Karyn Wrenshall

**Alto:** Mary Blouin Auffert, Estelle Brouwer, Ellen Merlin, Marg Walker, Lorelee Wederstrom

**Tenor:** Charlie Caswell, Chris Crosby-Schmidt, Russ Heuckendorf, Jeff Ochs, Wayne Schneider

**Bass:** Steve Harper, Brian Newhouse, Bob Peskin, Scott Rehovsky, Ty Wilson

**Women's Ensemble:** Ruth Palmer, director; Kathy Kraulik, piano

*Unity's Women's Ensemble is a continually growing and evolving group. Its membership draws from women at various places along life's journey: from student life to active retired life. These wonderful singers meet for only one-half hour each Sunday between morning services. Into this short rehearsal time they bring tremendous creative energy, commitment, and joy!*

**Soprano:** Marcie Allen, Lynn Baker, Bridget Borell, Ann Borer, Joan Carver, Teresa Connor, Betsy Furman, Jill Gebhardt, Megan Hall, Alana Howey, Ariana Howey, Rachel Howey, Elisabeth Jay, Mary Kerres, Peggy Lin, Louise Livesay-Al, Rochelle Lockridge, Janice Loscheider, Barbara McKernan, Heidi Mastrud, Cari Michaels, Carol Miller, Vanessa Rainey, Teresa Schicker, Linny Siems, Heidi Springborg, Becky Steeber, Laura Temali, Kate Tucker, Jen Vanek, Kathy Wallace, Willie Webb, Beth Yokom

**Alto:** Ginny Allen, Carol Angell, Meg Arnosti, Katherine Barton, Erica Boulanger-Ali, Pat Conboy, Debbie Cushman, Susan Fagrelus, Rebecca Flood, Ellen Green, Marylee Hardenbergh, Roberta Hunt, Sherri Knuth, Debra McCahill, Kate McCready, Ann Kirby McGill, Carol Mahnke, Alexandra Mastny, Louise Miner, Angie Norburg, Janet Oliver, Suzanne Quin-McDonald, Beth Peterson, Jeannine Robinett (assistant/vocal coach), Arlene Seashore, Kat Sherman-Hoehn, Jackie Smith, Janet Smith, Jennifer Taylor, Jenny Thompson, Muffet Trout, Janet Wacker, Carolyn Walkup, Lorelee Wederstrom, Jenny Wilson, Mary Wilson, Ellen Wold

**Instrumentalist**

Taichi Chen, violin

Laura Sewell, cello

Steve Lewis, percussion

Dawn Baker, synthesizer

## ABOUT THE ARTHUR FOOTE MUSIC SUNDAY TEAM

Many of you have asked how this Sunday “happens.” Well, it starts with Ruth researching and choosing music for all choirs that fit into the vision of a guiding thematic idea, then designing the flow of how things work together in the large picture. Once the selections are made, choir members contribute endless hours in preparation for their particular “piece” of the puzzle, timing for each element is worked out, and then all the practical logistics are figured out. About two-thirds of the way through this process, when all is set in motion, Marg Walker and Ruth meet to create the “magic thread.” They discuss the underlying ideas that helped guide the musical decisions – theme, common threads, flow, pacing – and how to tie it all together with transitional text. From there, Marg heads off for her own creative writing and research. More meeting and talking, sometimes playing the music and reading the written selections together to see how it feels. This year, we decided it was not complete without accompanying images that reflect and inspire the flow of music and text. Lorelee Wederstrom joined us in our discussions, astutely pairing images that “spoke and sang” with all elements. It is in the moment when words, music and image meet, when each enhances the other, when all the singers and all of you are together, that Foote Music Sunday truly “happens.”

**Marg Walker** was drawn to Unity Church by its music program in 1999, and has been singing here ever since. A founding member of Unity Singers, Marg has also served as a Worship Associate, Coming of Age mentor, Trustee, and Board Chair. After a career focused in the human services, public policy, and philanthropy, Marg now pursues her abiding interest in the human voice through poetry and choral music.

**Lorelee Wederstrom** was also drawn to Unity Church by its music program, is a founding member of Unity Singers, and has been a member of Unity Church for the past fourteen years. She served as lead planner and Owner Representative for the Unity Tomorrow project in 2012. Lorelee is a fine art photographer, dabbles in memoir and poetic writing, and is keenly interested in meaningful collaborations with other artists.

**Ruth Palmer** has a distinguished career as pianist, vocal coach, and choral conductor, all in pursuit of following her passion and belief in the art of singing and its importance in our human connection. Her concertizing career brought her to stages such as Alice Tully Hall, Carnegie Recital Hall, The National Gallery of Art, The Beaux Arts Society of Brussels, and locally to the Ordway McKnight Theatre and Orchestra Hall. Her work as vocal coach and ensemble pianist has been in opera, Art Song and the choral field; working with OperaDelaware, Philadelphia and Minnesota Opera companies; pianist, 15 years, for world renowned mezzo-soprano, Glenda Maurice; playing for masterclasses of Art Song greats such as Elly Ameling and Gerard Souzay; pianist for premieres of Gian Carol Menotti, Libby Larsen, Richard Hundley, Abbie Betinis, Edie Hill; as coach and pianist for national winners in the National Association of Teachers of Singing Artist Award, National Metropolitan Opera auditions, and Rosa Ponselle International Vocal Competition; faculty, Philadelphia College of Performing Arts, West Chester University, University of Delaware, University of Minnesota; as Associate Conductor/Pianist of the Dale Warland Singers (2003-2004), continuing to work with Dale Warland as pianist for the Saint Paul Chamber Orchestra Chorale and Minnesota Beethoven Festival; and with the Singers-Minnesota Choral Artists and Macalester Concert Choir. For twenty years her great joy has been sharing in the energy and love of music at Unity Church as Director of Music Ministries, and working with the committed and inspired musicians of this community, 1999-2019.

## PHOTOGRAPHY

All images by Lorelee Wederstrom.

## ABOUT THE FLOWERS IN THE MAIN LOBBY

The flowers in the main lobby are given in gratitude to Ruth Palmer, whose talent and dedication to Unity’s music program has provided glorious, joyous sound on Foote Music Sundays and throughout the years, by Susan, Ben, Liam, and Mateo Foote.

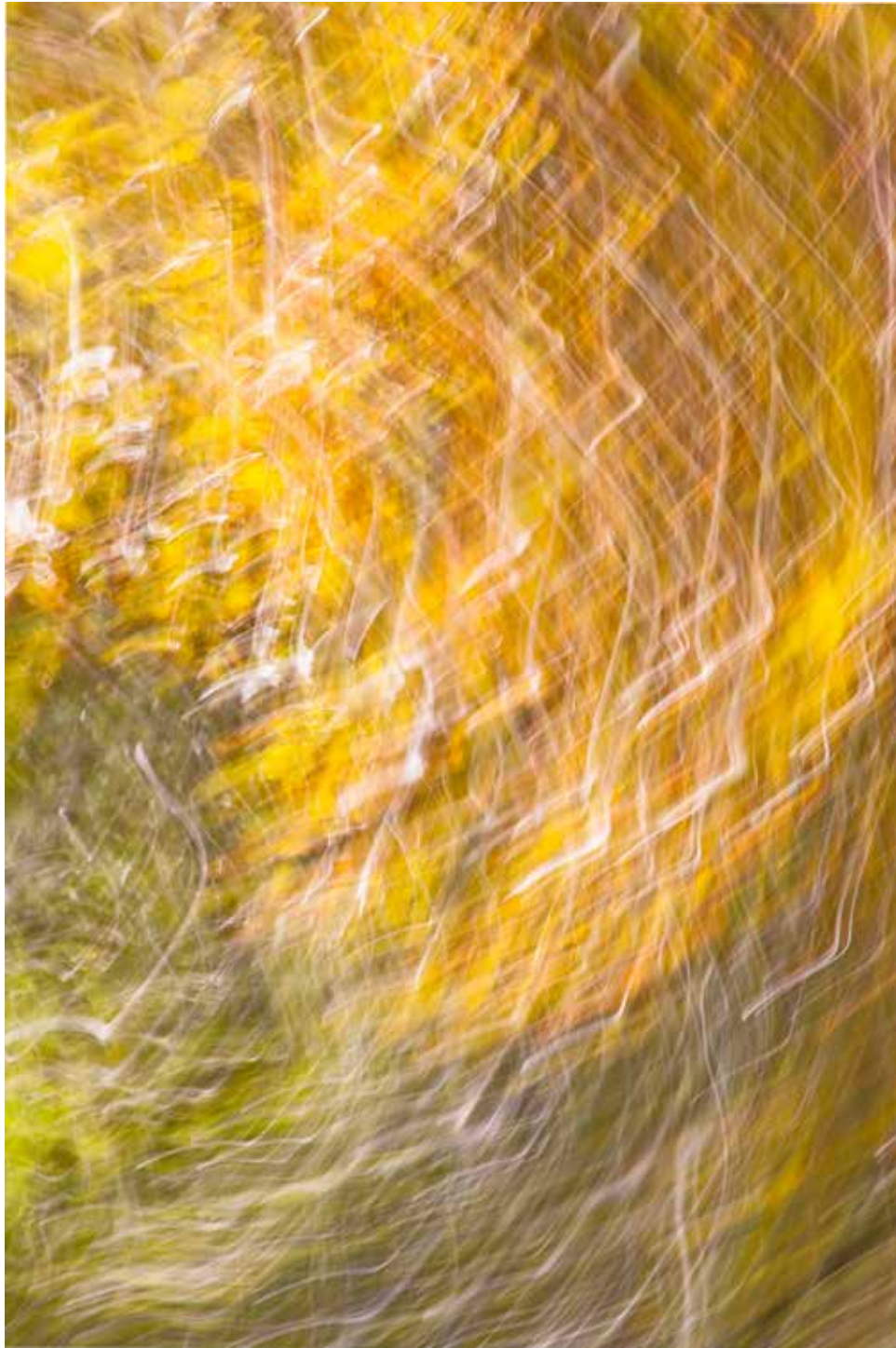
## WITH GRATITUDE

Special thanks to Kathy Kraulik for her work as musical assistant and pianist for our three adult choirs, to Jeannine Robinett for her coaching assistance with Women's Ensemble, and to our entire outstanding music staff. Thanks and appreciation to Kim Klose (production manager), Welcome Team members and ushers, facilities staff, and all volunteers contributing to this day.

Today’s music is made possible by funds from the Arthur Foote Music Fund and the congregation of Unity Church.

*My thanks to all involved in this community for such strong and continued support of our music program and musicians. My heartfelt gratitude to each singer who has graced us with song throughout these twenty years of music ministry. Sing on, Unity Church!*

– Ruth Palmer



Title: Fire Within

*"Find your unique voice, sing it true, and know the gift you are in this world!"* (Ruth Palmer)

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